IN THE CLAIMS:

1-67. (Cancelled)

68. (New) A mouthpiece for the delivery of gases to a user, comprising:

an outer flap adapted to conform to the user's mouth, providing a substantial seal about the outside of the user's mouth and capable of delivering gases to the user's oral passage;

an elbow connector, capable of receiving said gases, in fluid connection with said outer flap; and

nasal cannula scaling in each of the nares of the user and capable of delivering gases to the user's nares, said nasal cannula attached to one of said outer flap and said elbow connector.

- 69. (New) A mouthpiece according to claim 68 wherein said elbow connector is substantially L-shaped, where one end of the L-shaped elbow connector is connected in use to said nasal cannula and said outer flap, while the other end of the L-shaped nasal connector is adapted to receive said gases for delivery to the user.
- 70. (New) A mouthpiece according to claim 68 wherein said elbow connector includes a swivelable joint to allow said elbow connector to swivel relative to said nasal cannula and said outer flap.

- (New) A mouthpiece as claimed in claim 68 or 70 wherein said elbow connector having an outlet vent to allow diffusion of the user's exhaled gases.
- 72. (New) A mouthpiece as claimed in claim 69 wherein said elbow connector comprises a plurality of apertures in the apex of the L-shape of said elbow connector, said apertures adapted to vent gases exhaled from the user.
- 73. (New) A mouthpiece as claimed in claim 70 wherein said elbow connector has an outlet vent comprised of a plurality of apertures to allow diffusion of the user's exhaled gases, said apertures being elongate and tapered so as to be larger proximal to said swivelable joint and narrower distal to said joint.
- 74. (New) A mouthpiece as claimed in claim 70 wherein said elbow connector has a ledge formed by a reduction in the diameter of said elbow connector, said reduction of diameter formed distal to said swivelable joint, where a plurality of apertures are formed on said ledge to diffuse gases exhaled by the user.
- 75. (New) A mouthpiece as claimed in claim 68 wherein said nasal cannula includes an extension mechanism, said extension mechanism adapted to allow said nasal cannula to adjustably extend from said elbow connector or said outer flap.

- 76. (New) A mouthpiece as claimed in claim 75 wherein said extension mechanism is a series of bellow-like corrugations in said nasal cannula allowing the length of said nasal cannula to be adjusted.
- (New) A mouthpiece as claimed in claim 68 wherein said nasal cannula comprises a pair of nasal prongs.
- 78. (New) A mouthpiece as claimed in claim 68 wherein said nasal cannula are capable of detaching from one of said elbow connector and said outer flap, allowing different sized nasal cannula to be connected to one of said elbow connector and said outer flap.
- (New) A mouthpiece as claimed in claim 68 wherein said nasal cannula are made of silicone.
- 80. (New) A mouthpiece as claimed in claim 68 wherein said outer flap has a lip extending around its perimeter to assist in sealing of said outer flap against the user's face.
- 81. (New) A mouthpiece as claimed in claim 68 wherein said outer flap includes a tubular passageway extending through said outer flap, said tubular passageway in fluid communication with said elbow connector to deliver gases from said elbow connector to the user's mouth.

- 82. (New) A mouthpiece as claimed in claim 81 wherein said tubular passageway contains two outlets to direct gases flow around the sides of the user's mouth as gases flow out of said tubular passageway and into the user's mouth.
- (New) A mouthpiece as claimed in claim 68 wherein said outer flap is made from silicon.
- 84. (New) A mouthpiece as claimed in claim 81 further including a vestibular shield connected to said tubular passageway, said vestibular shield being disposed in use within a user's mouth vestibule.
- 85. (New) A mouthpiece for the delivery of gases to a user, comprising:

an outer flap adapted to conform to the user's mouth, providing a substantial seal about the outside of the user's mouth and capable of delivering gases to the user's oral passage;

an elbow connector, capable of receiving said gases, in fluid connection with said outer flap; and

nasal cannula sealing in each of the nares of the user and capable of delivering gases to the user's nares, said nasal cannula attached to one of said outer flap and said elbow connector, and

nasal cannula extension mechanism adapted to allow said nasal cannula to adjustably extend from one of said elbow connector and said outer flap.

- 86. (New) A mouthpiece as claimed in claim 85 wherein said nasal cannula extension mechanism are bellow-like corrugations in said nasal cannula allowing the length of said nasal cannula to be adjusted.
- 87. (New) A mouthpiece as claimed in claim 85 wherein said nasal cannula are capable of being detached from one of said elbow connector and said outer flap, allowing for different sized nasal cannula to be attached to one of said elbow connector and said outer flap.

88. (New) A mouthpiece for the delivery of gases to a user, comprising:

an outer flap adapted to conform to the user's mouth, providing a substantial seal about the outside of the user's mouth and capable of delivering gases to the user's oral passage;

an elbow connector, capable of receiving said gases, in fluid connection with said outer flap;

nasal cannula sealing in each of the nares of the user and capable of delivering gases to the user's nares, said nasal cannula attached to one of said outer flap and said elbow connector; and

a swivelable joint in said elbow connector to allow said elbow connector to swivel relative to said nasal cannula and said outer flap.

89. (New) A mouthpiece for the delivery of gases to a user, comprising:

an outer flap adapted to conform to the user's mouth, providing a substantial seal about the outside of the user's mouth and capable of delivering gases to the user's oral passage; an elbow connector, capable of receiving said gases, in fluid connection with said outer flap;

nasal cannula sealing in each of the nares of the user and capable of delivering gases to the user's nares, said nasal cannula attached to one of said outer flap and said elbow connector; and

an outlet vent on said elbow connector to allow diffusion of the user's exhaled gases.

90. (New) A mouthpiece for the delivery of gases to a user, comprising:

an outer flap adapted to conform to the user's mouth, providing a substantial seal about the outside of the user's mouth and capable of delivering gases to the user's oral passage;

an elbow connector, capable of receiving said gases, in fluid connection with said outer flap; and

nasal cannula sealing in each of the nares of the user and capable of delivering gases to the user's nares, said nasal cannula attached to and detachable from one of said outer flap and said elbow connector such that different sized nasal cannula can be connected to one of said elbow connector and said outer flap.